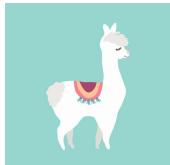
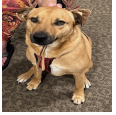
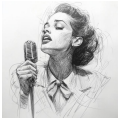


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Eagle Pointe and The Suffield House Therapeutic Recreation Calendar September 2026  As Election Day comes closer, if you are interested in voting here, changing your address to The Suffield House, or requesting an automatic absentee Ballot... see Scott to get the process started! Don't wait till it's too late!	Recreation Department Scott Emmons Ally Lauf Natalie Morgensen Nat Moschetti Find us on the Web! suffieldrhc.com If you would like to make an appointment with the hairdresser, stop by the salon and fill out a form by the door! At this time, we do not have a manicurist... still looking!	1) Daily Chronicles 9:00 Reiki with Courtney room to room 10:00 Remembering Dolly Parton "Nine to five" <i>On Channel 2</i> 10:30 Baking Group Rec Room w/ Ally 10:30 Outdoor Visits w/ Nat 11:00 This day in history Rec room w/Natalie 2:00 Bocce Game Rec room w/Scott 2:00 Brain Teasers! w/Nat A Dining 2:00 Outdoor walks w/ Ally 2:00 A Tribute to Dolly Parton Videos / Trivia! B Dining w/Natalie	2) Daily Chronicles 10:30 Hangman B Atrium w/ Nat 10:30 Manicures Room to Room w/Ally  10:30 Rock and Roll Hall of Fame! Trivia and Videos! Rec Room w/Natalie 11:00 visits with Paula room to room  2:00 Tibetan Sound Baths and bowls Rec Room w/ Courtney w/ Nat and Ally 2:00 September coloring sheets B Dining Room	3) Daily Chronicles 10:00 Football season is here! '80 for Brady' on channel 2 10:30 Uno Rec Room w/ Ally 10:30 Coffee Cart Room to room w/Nat 1:00 Hilltop Creamery out trip w/ Scott 2:00 Trivia on the TV Rec Room w/ Ally 2:00 September Word Searches Room to room w/Natalie 2:00 Puzzles w/ Nat A Dining Room 3:15 Setback A Dining room	4) Nat /Natalie off Daily Chronicles 10:30 Everything September! Rec Room w/ Scott Golden Carers Games 10:30 Coloring Group A wing w/ Ally 2:00 Bingo Rec Room Scott 2:00 Balloon Toss A wing Atrium w/Ally	5) Natalie Daily Chronicles  10:30 Coffee Social with this day in history to follow Rec Room 2:00 Legends Live! Carol Burnett! Rec Room 3:15 Setback A Wing dining room

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6) MacKenzie Daily Chronicles 10:30 Coffee Social and Grandparents Day Bookmark Activity In the Rec Rm  2:00 Pokeno In the Rec Room	7) Nat off Labor Day Daily Chronicles 10:00 Coffee visits Room to Room w/Ally 10:30 You Be the Judge B wing w/ Natalie 10:45 Rosary Rec room 2:00 The Best of Saturday Night Live! Rec room w/Natalie  2:00 Plinko Room to Room w/Scott and Ally prizes 3:00 Setback A Dining room	8) Daily Chronicles 10:30 Sit and be fit! Rec room w/Natalie  10:30 Lollipop Bouquets A wing DR Ally 10:30 Bubble Badminton W/ Nat Room-room 2:00 September Coloring Sheets A-Wing Dining w/Natalie 2:00 Horseracing Rec Room w/Nat/ Ally 6:30 Hot BINGO AT NIGHT In the rec room	9) Scott off (Dr) Natalie 8-2 Daily Chronicles  10:30 Suffield Garden Club Rec room Ally 10:30 This Day in History! B Wing w/Natalie 10:30 Room to Room Games. w/Nat 11:00 visits with Paula room to room  2:00 English Tea Social Rec Room w/Nat (Tea cups in garage) 2:00 Balloon Toss A atrium w/ Ally 3:00 Setback A dining room	10) Ally off Daily Chronicles 9:00 Reiki with Courtney Room to room 10:00 Good morning visits room to room w/ Scott 10:30 1950's Trivia Rec Room w/Natalie 11:30 LuLu's Restaurant In Enfield Out trip see Scott and Nat!  2:00 UNO! Rec Room w/Natalie 2:30 room-room Manicures with Nat 2:30 phone / tablet / laptop issues? Tech Talk help room to room w/ Scott	11) Daily Chronicles Rosh Hashanah Jewish New Year 10:30 Large crossword puzzles B Dining w/ Natalie 10:30 Decorate and keep your own baseball cap! A Dining w/ Nat 10:30 Higher or Lower Rec Room w/Ally 2:00 Bingo Rec Room w/Natalie/Nat  2:00 Its Chocolate Milkshake Day w/Scott, and Ally Room to room	12) Ally Daily Chronicles 10:30 Coffee social Rec Room  2:00 Left, Right, Center Dice Game Rec Room

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13) Scott Bailey visits and Daily Chronicles room to room  10:30 Pumpkin Spice Coffee Social Rec Room & a little pumpkin trivia - Pumpkin prizes!!! Buy little pumpkins 10:30 Communion Rec room 10:45 Communion room to room 1:30 Football Season is here! The Blind Side on Channel 2 2:00 Who Am I? Concentration! September Birthdays Rec Room	14) Nat off Daily Chronicles 10:30 Hangman B wing w/ Ally 10:45 Rosary Rec Room 11:00 Sit and Be Fit! This Day in History Rec Room w/Natalie 2:00 Balloon toss & Music Room to room Ally 2:00 Finish the Song Lyrics! A Dining Room w/Natalie  2:00 Resident Council Meeting Rec room 2:45 Dietary Meeting 3:15 Setback A dining room	15) Daily Chronicles 10:30 Catholic Mass Rec Room 10:30 Manicures Room to Room w/Ally 10:30 Name 3! B Dining w/Natalie 10:30 Word Searches A Dining w/Nat 2:00- Motown Trivia! A Dining w/Natalie  2:00 A Harvest Auction Rec Room w/ Scott / Nat 2:00 Outdoor walks w/ Ally	16) Scott off Daily Chronicles 10:30 Coffee Cart Room to room w/Nat and Natalie 10:30 Sittercise Rec Room w/ Ally 11:00 Visits with Paula room to room 2:00 Pool Noodle Fishing A Dining room w/Nat  2:00 Sound Bath / Tibetan Singing Bowls Rec room w/ Courtney w/Ally	17) Scott off Daily Chronicles 9:00 Reiki with Courtney room to room 10:30 Word in a Word. B Atrium w/Nat 10:30 1960's Trivia! Music/ Movies! Rec Room w/Natalie 2:00 Manicures Room to Room w/Natalie  2:00 Armchair Travel to GREECE! w/ Nat. Rec room 2:00 Balloon Toss A wing w/Ally 3:30 Setback A dining room	18) Scott /Nat off Daily Chronicles 10:30 Billy Joel Trivia and Music! A Dining w/Natalie 10:30 Baking Group Rec Room w/ Ally 2:00 Bingo Rec room w/Ally and Natalie	19) Nat Daily Chronicles  10:00 Coffee Social Rec Room 2:00 Trivia in the rec room w/ Nat

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20) Natalie 7 - 12 Daily Chronicles 10:00 Coffee Time! Rec room 10:30 Tour of the New England states! Video/ Trivia Rec Room w/Natalie 11:00 Little E Word Sheets Packets Room to room 2:00 Setback A wing dining Room	21) Scott /Natalie off Daily Chronicles 10:30 Hangman B wing w/Ally 10:45 Rosary Rec Room w/Nat  2:00 Concentration A Dining w/ Nat 2:00 Balloon Toss A wing Atrium w/ Ally	22) Scott off Autumn Begins Daily Chronicles 9:00 Reiki with Courtney room to room 10:30 Glow in the Dark Rock Painting A Dining. w/Nat 10:30 Congregational / Protestant Church Rec Room Ally 11:00 This Day In History! Rec Room w/Natalie 2:00 Social Conversations. w/ Nat B Atrium 2:00 Hungry Hungry Hippos Rec Room Ally/Natalie 3:30 Setback A Dining room	23) The Little E Daily Chronicles 10:30 Let's walk through the >State Buildings! This morning... Visit.... >Vermont >Maine >Massachusetts and Connecticut >Rhode Island 11:00 visits with Paula room to room  Little E farm 2:00 Alpaca from Somers In the Courtyard	24) The Little E Daily Chronicles 10:30 Little E A Wing 10:30 Little E Facts B Atrium w/NAT 12:00 Little E Lunch >Maine (app) Clam Chowder >Vermont (app) cheddar cheese 'n crackers >Maine (meal) Baked Potatoes >Massachusetts Cream puffs >Rhode Island Del's Lemonade  2:00 A County Fair Bingo! Rec Room 2:00 Nat-Back room work Scott Vet 4:00	25) The Little E Daily Chronicles Scott, I have a Dr. appt. 10:30. Ill come in at 8- 10. Then b right back 10:30 Pumpkin coffee and Little E word sheets room to room w/ Scott 10:30 Baking group Rec Room w/Ally (with a Little E twist!)  2:00 Little E Arena Featuring: Musician 'Just Jeannie'. Rec Room w/Nat 2:00 Balloon Toss A wing Ally	26) Scott The Little E 10:00 Daily Chronicles And Bailey visits   10:30 Pumpkin Coffee and Little E Trivia What do you know about this New England Tradition? In the rec room 1:45 The Bucket List Popcorn Matinee Rec Room

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27) Ally 10:30 Communion in the rec room  10:30 Coffee Social Rec Room 10:45 Communion room to room 1:30 Party 2:00 Sunday Bingo Rec Room	28) Ally off Daily Chronicles 10:30 Who am I? A Dining w/Natalie 10:45 Rosary Rec Room. w/Nat 11:00 MGM Casino and Red Rose Out trip Scott, Hope, Kayla? 2:00 Ping pong egg toss A Dining room w/ Nat 2:00 Music Visits Room to Room w/Natalie 3:00 Tech Talk assistance room to room w/ Scott	29) Ally off Daily Chronicles 9:00 Reiki with Courtney room to room  10:00 National Coffee Day! Come taste different flavored coffees and enjoy some tasty donuts! Rec Room w/Natalie 10:30 Pictionary B Atrium w/ Nat  2:00 Lauren Hicks National Anthem Song finalist Entertains and September Birthday Party Rec Room	30) Ally off Daily Chronicles 10:30 Sit and Stretch/ This day in History! Rec Room w/Natalie 10:30 Have you Ever? Game A Dining w/ Nat 10:30 What's Happening in October???? Calendar stroll room to room w/ Scott 11:00 visits with Paula room to room 2:00 Manicures Room to room w/Natalie  2:00 Let's Stroll with some Pumpkin Drinks /pumpkin Beer and fall snacks w/ Scott/ Nat 3:00 Setback Rec Room			